Is There an Association Between Health Expectations and Quality of Life Among Survivors of Acute Respiratory Failure?

**STUDY DESIGN**

- **Prospective longitudinal cohort study** of adults with acute respiratory failure (ARF) in ICUs at six hospitals

- **Survivors receiving invasive and/or noninvasive ventilation** for >24 hours were included

- **Primary outcome** was self-reported quality of life (QoL) at the 6-month follow-up

**RESULTS**

Quality of Life in Expected vs Perceived Health at 6 Months

QoL was significantly better among study participants whose health expectations were met vs unmet, even when overall health was perceived similarly 6 months after hospital discharge.