

# How Common Are Anxiety and Distress in Patients With Newly Identified Pulmonary Nodules and What Factors Are Associated?

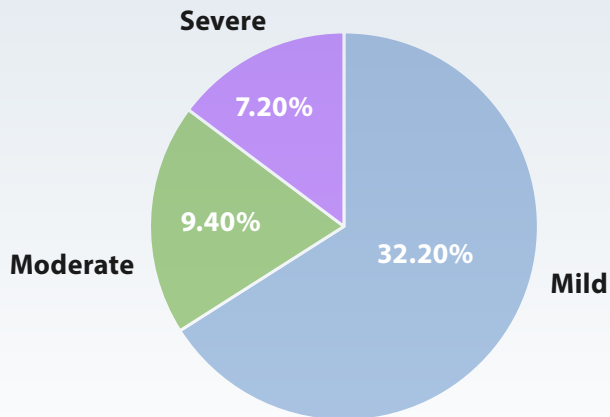
## STUDY DESIGN

- Baseline data from Watch the Spot trial
- Survey of 2,049 patients 6 to 8 weeks after diagnosis of new lung nodule



## RESULTS

### Degree of Distress



Greater distress was associated with:

<b>Larger nodule size</b>
<b>Lack of timely notification by a clinician</b>
<b>Younger age</b>
<b>Female sex</b>
<b>Smoking history</b>
<b>Black race</b>
<b>Hispanic ethnicity</b>

In patients with recently diagnosed pulmonary nodules, almost one-half of respondents experienced some degree of emotional distress, with highest distress associated with larger nodule size, lack of timely notification by a clinician, younger age, female sex, ever smoking, Black race, and Hispanic ethnicity.