

agenda

WEDNESDAY, JANUARY 21

4:00 PM – 6:00 PM

Registration

THURSDAY, JANUARY 22

6:30 AM – 5:00 PM

Registration

6:30 AM – 7:20 PM

Continental Breakfast/Visit Exhibits

7:20 AM – 7:30 AM

Welcome and Introduction

7:30 AM – 8:00 AM

Pretest

ACCP Learning Category II: Self-Directed

8:00 AM – 8:40 AM

Why We Sleep: Structure, Function, and Sleep Deprivation

Teofilo L. Lee-Chiong, Jr., MD, FCCP
ACCP Learning Category I: Lecture-Based

8:40 AM – 9:20 AM

Polysomnography 101 for Beginners

Bashir A. Chaudhary, MBBS, FCCP
ACCP Learning Category I: Lecture-Based

9:20 AM – 9:35 AM

Break/Visit Exhibits

9:35 AM – 10:15 AM

Polysomnography 102 for Beginners

Bashir A. Chaudhary, MBBS, FCCP
ACCP Learning Category I: Lecture-Based

10:15 AM – 10:55 AM

Pediatric Sleep: Normal and Abnormal

Lee J. Brooks, MD, FCCP
ACCP Learning Category I: Lecture-Based

10:55 AM – 11:30 AM

Questions and Answers

Teofilo L. Lee-Chiong, Jr., MD, FCCP;
Bashir A. Chaudhary, MBBS, FCCP; and
Lee J. Brooks, MD, FCCP
ACCP Learning Category II: Self-Directed

11:30 AM – 12:45 PM

Group 1: Lunch (on your own)

Group 2: Case Studies

ACCP Learning Category IV: Case- and Problem-Based

12:45 PM – 2:00 PM

Group 2: Lunch (on your own)

Group 1: Case Studies

ACCP Learning Category IV: Case- and Problem-Based

2:00 PM – 2:40 PM

Testing for Sleepiness

Brian A. Boehlecke, MD, MSPH, FCCP
ACCP Learning Category I: Lecture-Based

2:40 PM – 3:20 PM

Cardiovascular Disease and Sleep

Sean M. Caples, DO
ACCP Learning Category I: Lecture-Based

3:20 PM – 3:35 PM

Break/Visit Exhibits

3:35 PM – 4:15 PM

Central and Complex Apnea and Treatment

Sean M. Caples, DO
ACCP Learning Category I: Lecture-Based

4:15 PM – 5:00 PM

Questions and Answers

Brian A. Boehlecke, MD, MSPH, FCCP;
and Sean Caples, DO
ACCP Learning Category II: Self-Directed

5:00 PM

Adjourn

6:00 PM – 7:30 PM

Hands-on Polysomnography Workshop (optional)

Bernie W. Miller, RRT, RPSGT
ACCP Learning Category IV: Case- and Problem-Based

FRIDAY, JANUARY 23

7:00 AM – 5:00 PM

Registration

7:00 AM – 7:20 AM

Continental Breakfast/Visit Exhibits

7:20 AM – 8:00 AM

Sleep in Women

Susan M. Harding, MD, FCCP
ACCP Learning Category I: Lecture-Based

8:00 AM – 8:40 AM

Restless Legs Syndrome and Periodic Limb Movements of Sleep

Barbara A. Phillips, MD, MSPH, FCCP
ACCP Learning Category I: Lecture-Based

8:40 AM – 9:20 AM

Parasomnias

Alon Y. Avidan, MD, MPH
ACCP Learning Category I: Lecture-Based

9:20 AM – 9:35 AM

Break/Visit Exhibits

9:35 AM – 10:15 AM

Circadian Rhythm-Related Sleep Disorders

Teofilo L. Lee-Chiong, Jr., MD, FCCP
ACCP Learning Category I: Lecture-Based

10:15 AM – 10:55 AM

Sleep and Driving: Medicolegal Aspects

Brian A. Boehlecke, MD, MSPH, FCCP
ACCP Learning Category I: Lecture-Based

10:55 AM – 11:30 AM

Questions and Answers

Susan M. Harding, MD, FCCP;
Barbara A. Phillips, MD, MSPH, FCCP;
Alon Y. Avidan, MD, MPH; and
Brian A. Boehlecke, MD, MSPH, FCCP
ACCP Learning Category II: Self-Directed

11:30 AM – 12:45 PM

Group 2: Lunch (on your own)

Group 1: Case Studies

ACCP Learning Category IV: Case- and Problem-Based

12:45 PM – 2:00 PM

Group 1: Lunch (on your own)

Group 2: Case Studies

ACCP Learning Category IV: Case- and Problem-Based

2:00 PM – 2:40 PM

Narcolepsy and Idiopathic Hypersomnia

Alon Y. Avidan, MD, MPH
ACCP Learning Category I: Lecture-Based

2:40 PM – 3:20 PM

Business of Sleep Medicine 1

Paul Valentine, MBA
ACCP Learning Category I: Lecture-Based

agenda

3:20 PM – 3:35 PM

Break/Visit Exhibits

3:35 PM – 4:15 PM

Business of Sleep Medicine 2

Paul Valentine, MBA

ACCP Learning Category I: Lecture-Based

4:15 PM – 5:00 PM

Questions and Answers

Alon Y. Avidan, MD, MPH; and

Paul Valentine, MBA

ACCP Learning Category II: Self-Directed

5:00 PM

Adjourn

6:00 PM – 7:30 PM

Bring Your Tough Cases (optional)

Neil S. Freedman, MD, FCCP;

Alon Y. Avidan, MD, MPH; and

Lee J. Brooks, MD, FCCP

ACCP Learning Category IV: Case- and

Problem-Based

SATURDAY, JANUARY 24

7:00 AM – 5:00 PM

Registration

7:00 AM – 7:20 AM

Continental Breakfast/Visit Exhibits

7:20 AM – 8:00 AM

Insomnia: Epidemiology and

Evaluation

Edward J. Stepanski, PhD

ACCP Learning Category I: Lecture-Based

8:00 AM – 8:40 AM

**Insomnia: Cognitive-Behavioral
Therapy**

Edward J. Stepanski, PhD

ACCP Learning Category I: Lecture-Based

8:40 AM – 9:20 AM

Obstructive Sleep Apnea:

**Epidemiology, Risks, Pathogenesis,
and Outcomes**

Charles W. Atwood, Jr., MD, FCCP

ACCP Learning Category I: Lecture-Based

9:20 AM – 9:35 AM

Break/Visit Exhibits

9:35 AM – 10:15 AM

Portable Monitoring

Charles W. Atwood, Jr., MD, FCCP

ACCP Learning Category I: Lecture-Based

10:15 AM – 10:55 AM

Positive Airway Pressure

Therapy for the Treatment of

Obstructive Sleep Apnea

Neil S. Freedman, MD, FCCP

ACCP Learning Category I: Lecture-Based

10:55 AM – 11:30 AM

Questions and Answers

Edward J. Stepanski, PhD;

Charles W. Atwood, Jr., MD, FCCP;

and Neil S. Freedman, MD, FCCP

ACCP Learning Category II: Self-Directed

11:30 AM – 12:45 PM

Group 1: Lunch (on your own)

Group 2: Case Studies

ACCP Learning Category IV: Case- and

Problem-Based

12:45 AM – 2:00 PM

Group 2: Lunch (on your own)

Group 1: Case Studies

ACCP Learning Category IV: Case- and

Problem-Based

2:00 PM – 2:40 PM

Oral Appliances

Donald A. Falace, DMD

ACCP Learning Category I: Lecture-Based

2:40 PM – 3:20 PM

**Surgical Treatment for Obstructive
Sleep Apnea**

B. Tucker Woodson, MD

ACCP Learning Category I: Lecture-Based

3:20 PM – 3:35 PM

Break/Visit Exhibits

3:35 PM – 4:15 PM

**Pharmacologic Treatment for
Insomnia**

James M. Parish, MD, FCCP

ACCP Learning Category I: Lecture-Based

4:15 PM – 5:00 PM

**Pediatric Sleep-Disordered
Breathing**

Lee J. Brooks, MD, FCCP

ACCP Learning Category I: Lecture-Based

5:00 PM

Adjourn

5:30 PM – 7:00 PM

Reception: Meet the Faculty

SUNDAY, JANUARY 25

7:00 AM – 7:20 AM

Registration

7:00 AM – 7:20 AM

Continental Breakfast/Visit Exhibits

7:20 AM – 8:00 AM

**Putting It All Together: All-Group
Case Studies (Posttest)**

Neil S. Freedman, MD, FCCP

ACCP Learning Category II: Self-Directed

8:00 AM – 8:40 AM

The Future of Sleep Medicine

Barbara A. Phillips, MD, MSPH, FCCP

ACCP Learning Category I: Lecture-Based

8:40 AM – 9:20 AM

Sleep, Neurology, and Seizures

Alon Y. Avidan, MD, MPH

ACCP Learning Category I: Lecture-Based

9:20 AM – 9:35 AM

Break/Visit Exhibits

9:35 AM – 10:15 AM

Sleep and Pulmonary Disease

James M. Parish, MD, FCCP

ACCP Learning Category I: Lecture-Based

10:15 AM – 10:55 AM

Questions and Answers

Neil S. Freedman, MD, FCCP;

Barbara A. Phillips, MD, MSPH, FCCP;

Alon Y. Avidan, MD, MPH; and

James M. Parish, MD, FCCP

ACCP Learning Category II: Self-Directed

10:55 AM

Adjourn