

Using Your Maxair™ Autohaler™

Patient Education Guide

To make your breathing better, you **MUST** take your medicine as explained below. Following these instructions puts more of the medicine into your lungs. This will open up your air passages and help you breathe easier and feel better.



1 Remove the mouthpiece cover. Check for and remove any dust, lint, or other objects.



2 Hold Autohaler™ upright as shown in the picture. Raise the lever, it will snap into place and stay up. **THE AUTOHALER™ HAS TO BE HELD UPRIGHT WHEN RAISING THE LEVER.**



3 Shake the Autohaler™ gently.



4 Continue to hold Autohaler™ upright. Do not block vents on the bottom of Autohaler™. Breathe out normally.



5 Seal your lips tightly around the mouthpiece. **BREATHE IN DEEPLY.** You will hear a click and feel a soft puff. This is the medicine coming out of the Autohaler™. Keep breathing in until your lungs are completely full.

The American College of Chest Physicians is the leading resource for the improvement of cardiopulmonary health and critical care worldwide. Its mission is to promote the prevention and treatment of diseases of the chest through leadership, education, research, and communication.

This publication's content contains general information, is not intended to be and is not complete, is not medical advice, and does not replace professional medical care and physician advice, which always should be sought for any specific condition. The American College of Chest Physicians and its officers, regents, executive committee, members, and employees specifically disclaim all responsibility for any liability, damages (actual or consequential), loss, or risk, personal or otherwise, based on any legal theory whatsoever, alleged to have been incurred as a result, directly or indirectly, of the use of any of the material herein.

Using Your Maxair™ Autohaler™

Page 2

AMERICAN COLLEGE OF
CHEST
P H Y S I C I A N S ®



American College of Chest Physicians
3300 Dundee Road, Northbrook, IL 60062
(847) 498-1400 phone
(847) 498-5460 fax
www.chestnet.org



6
HOLD your breath for 10 seconds. If you cannot hold your breath for 10 seconds, hold your breath as long as you can. After 10 seconds, breathe out slowly.



7
Hold Autohaler™ upright and lower lever. If you need to take another puff of medicine, repeat steps 2-6.



8
Put the mouthpiece cover back on the Autohaler™.

The American College of Chest Physicians is the leading resource for the improvement of cardiopulmonary health and critical care worldwide. Its mission is to promote the prevention and treatment of diseases of the chest through leadership, education, research, and communication.

This publication's content contains general information, is not intended to be and is not complete, is not medical advice, and does not replace professional medical care and physician advice, which always should be sought for any specific condition. The American College of Chest Physicians and its officers, regents, executive committee, members, and employees specifically disclaim all responsibility for any liability, damages (actual or consequential), loss, or risk, personal or otherwise, based on any legal theory whatsoever, alleged to have been incurred as a result, directly or indirectly, of the use of any of the material herein.

© 2006 by The American College of Chest Physicians