

Interstitial and Diffuse Lung Disease Patient Questionnaire

1. How often do you cough? (Do not include clearing your throat.)

- ☐ Not at all or rarely
☐ Occasionally, but not bothersome
☐ Most days
☐ Often or in severe attacks that interfere with activity

2. How long have you been coughing? _____ (indicate in months, years)

3. Do you cough at night? Yes _____ No _____

If you cough at night, does it awaken you? Yes _____ No _____

4. The cough produces (check all that apply):

☐ No phlegm ☐ Phlegm ☐ Blood ☐ I don't cough

5. Check the single number that describes the point at which you become short of breath:

- ☐ 0. I am not troubled with breathlessness except with strenuous exercise.
☐ 1. I get short of breath when hurrying on level ground or walking up a slight hill.
☐ 2. On level ground, I walk slower than people my age because of breathlessness or I have to stop for breath when walking on my own pace.
☐ 4. I stop for breath after walking about 100 yards (90 meters) (or after a few minutes) on level ground.
☐ 5. I am too breathless to leave the house or breathless while dressing or undressing.

6. When did your shortness of breath begin? _____

7. Has a doctor ever told you that you have:

Have you noticed any symptoms:

	YES	NO		YES	NO
Heart disease	_____	_____	Weight loss	_____	_____
Thyroid disease	_____	_____	Difficulty swallowing	_____	_____
Diabetes	_____	_____	Heartburn or reflux	_____	_____
Sinus disease	_____	_____	Dry eyes or dry mouth	_____	_____
Stroke	_____	_____	Rash or change in skin	_____	_____
Seizure	_____	_____	Foot or leg swelling	_____	_____
Eye inflammation	_____	_____	Sensitivity to light	_____	_____
Mononucleosis	_____	_____	Bruising	_____	_____
Hepatitis B or C	_____	_____	Hand ulcers	_____	_____
Tuberculosis	_____	_____	Mouth ulcers	_____	_____
Kidney disease	_____	_____	Chest pain	_____	_____
Kidney stones	_____	_____	Joint pain or swelling	_____	_____
Blood in urine	_____	_____			
Pleurisy	_____	_____			
Pneumonia	_____	_____			
Asthma	_____	_____			
Blood clots	_____	_____			
Pulmonary hypertension	_____	_____			
Heart failure	_____	_____			
("Fluid on the lungs")	_____	_____			

	Yes	No
8. Have you ever smoked, inhaled, or injected "recreational" drugs? (Include "street drugs" or crushed pills. Do not include prescribed inhalers.)	_____	_____

	Yes	No
9. Have you smoked 5 packs of cigarettes or more in your life?	_____	_____
If yes,		
Do you smoke now?	_____	_____
How old were you when you started?	_____	years old
Average number of cigarettes per day	_____	cigarettes
If you quit,		
How old were you when you quit?	_____	years old

	Yes	No
10. Do any of your children, parents, grandparents, siblings, aunts, uncles, or cousins have any of the following lung diseases?		
Emphysema, Chronic Obstructive Pulmonary Disease (COPD)	_____	_____
Asthma	_____	_____
Sarcoidosis	_____	_____
Cystic fibrosis	_____	_____
Pulmonary fibrosis	_____	_____
Hypersensitivity pneumonitis	_____	_____

	Yes	No
11. Have you lived in an old house within the past 10 years?	_____	_____

	Yes	No		Yes	No
12. Does your current or past home or work place have any of the following?					
Humidifier	_____	_____	Water damage	_____	_____
Sauna	_____	_____	Mold	_____	_____
Hot tub/Jacuzzi	_____	_____	Animals	_____	_____
Birds (Include pigeons, doves, parakeets, cockatiels, chickens, ducks, geese, pheasants)	_____	_____			

13. Have you ever had a chest X-ray or CT scan of the chest?

If yes, please indicate the earliest and most recent you can remember:

Earliest X-ray: Year _____ Where? _____ Most recent X-ray: Year _____ Where? _____

Earliest CT scan: Year _____ Where? _____ Most recent CT scan: Year _____ Where? _____

14. Where have you previously lived? (List all locations where you lived for at least 6 months.)

Outside this country? (Indicate which countries.)

Yes No

15. Have you lived or worked in environment where you were exposed to heavy smoke or dust?

16. Occupational history (include all occupations you've had):

Occupation	Years worked	Exposures (Dust, metal, paint, fine particles, etc)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

17. Have you performed any of the following occupations?

- | | | |
|-------------------|--------------------------|------------------------|
| ____ Farm work | ____ Automotive mechanic | ____ Carpenter |
| ____ Painter | ____ Welder | ____ Laboratory worker |
| ____ Sand blaster | ____ Insulator | ____ Longshoreman |
| ____ Pipe fitter | ____ Vineyard worker | |

18. Have you worked in any of the following locations:

- | | |
|----------------------|--------------------------|
| ____ Mine | ____ Foundry |
| ____ Quarry | ____ Railroad |
| ____ Pulp mill | ____ Paper mill |
| ____ Bakery | ____ Smelting |
| ____ Plastic factory | ____ Tunnel construction |

19. Have you ever been exposed to the following at work/ home/ elsewhere?

Animals and farming		Metals/rocks		Food/plant Production		Miscellaneous		Skilled	
Birds		Beryllium		Cheese		Cotton		Cork	
Feathers		Cobalt		Maple Bark		Wood		Detergent (isocyanates)	
Fishmeal		Tin		Wheat		Industrial strength cleaning solution		Pottery	
Insecticide		Iron oxide		Coffee/ tea		Oily Nosedrops		Talc	
Fertilizer		Aluminum		Mushroom				Paint	
		Mica		Oil				Cement	
		Silica		Sugar cane				Pipes	
		Asbestos		Malt				Brakes	
		Coal		Meat				Tile (ceramic)	

20. List any other unusual exposures that you feel might be important to note.

21. Have you had any of the following medical problems?

- ☐ Pneumothorax (*collapsed lung*)
- ☐ Bleeding disorder
- ☐ Vasculitis (*inflammation of the blood vessels*)
- ☐ Raynaud's phenomenon (*fingers painful and turning colors on cold exposure*)
- ☐ Rheumatologic disease (*This includes rheumatoid arthritis, lupus, scleroderma, mixed connective tissue disease, Sjogren's syndrome, Wegener's, polymyositis or dermatomyositis, Bechet's disease, ankylosing spondylitis.*)
- ☐ Bowel disease (*This includes Crohn's disease, ulcerative colitis, primary biliary cirrhosis, celiac or Whipple's disease.*)

22. Have you ever taken any of the following medications?

Anti-inflammatory medications:

- ☐ Azathioprine (Imuran)
- ☐ Chlorambucil
- ☐ Colchicine
- ☐ Gold salts
- ☐ Interferon (any)
- ☐ Methotrexate
- ☐ Penicillamine
- ☐ Prednisone

Cancer therapy:

- ☐ Busulfan
- ☐ Bleomycin
- ☐ Cyclophosphamide
- ☐ Etoposide
- ☐ GM-CSF
- ☐ Mitomycin
- ☐ Nitrosoureas
- ☐ Radiation
- ☐ Vinblastine

Miscellaneous medications:

- ☐ Fenfluramine/ dexfenfluramine
- ☐ Leukotriene inhibitor (Singulair, Accolate)
- ☐ Propylthiouracil
- ☐ Bladder BCG

Antibiotics/infection treatment:

- ☐ Cephalosporin
- ☐ Isoniazid (INH)
- ☐ Macrolide
- ☐ Minocycline
- ☐ Nitrofurantoin (Macrobid)
- ☐ Penicillin
- ☐ Sulfonamides (TMP-SMX)

Cardiovascular medications:

- ☐ Amiodarone (Cordarone)
- ☐ Captopril (Capoten)
- ☐ Hydralazine
- ☐ Hydrochlorothiazide
- ☐ Procainamide (Procan SR)
- ☐ Sotalol

Gastrointestinal medications:

- ☐ Azulfidine
- ☐ Sulfasalazine

Neurological medications:

- ☐ Bromocriptine
- ☐ Carbamazepine (Tegretol)
- ☐ L tryptophan
- ☐ Phenytoin (Dilantin)

Disclaimer

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