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G47 Sleep disorders Excludes 2nightmares (F51.5) nonorganic sleep disorders (F51.-) sleep terrors (F51.4) sleepwalking (F51.3) G47.0 Insomnia Excludes 2: alcohol related insomnia (F10.182, F10.282, F10.982) drug-related insomnia (F11.182, F11.282, F11.982, F13.182, F13.282, F13.982, F14.182,F14.282, F14.982, F15.182, F15.282, F15.982, F19.182, F19.282, F19.982) idiopathic insomnia (F51.01) insomnia due to a mental disorder (F51.05) insomnia not due to a substance or known physiological condition (F51.0-) nonorganic insomnia (F51 0-) primary insomnia (F51.01) sleep apnea (G47.3-) Insomnia, unspecified Insomnia NOS Insomnia due to medical condition G47.01 Code also associated medical condition G47.09 Other insomnia G47.1 Hypersomnia Excludes 2: alcohol-related hypersomnia (F10.182, F10.282, F10.982) drug-related hypersomnia (F11.182, F11.282, F11.982, F13.182, F13.282, F13.982, F14.182,F14.282, F14.982, F15.182, F15.282, F15.982, F19.182, F19.282, F19.982) hypersomnia due to a mental disorder (F51.13) hypersomnia not due to a substance or known physiological condition (F51.1-) primary hypersomnia (F51.11) sleep apnea (G47.3-) Hypersomnia, unspecified G47.10 Hypersomnia NOS Idiopathic hypersomnia with long sleep time G47 11 Idiopathic hypersomnia NOS G47.12 Idiopathic hypersomnia without long sleep time Recurrent hypersomnia G47.13 Kleine-Levin syndrome Menstrual related hypersomnia Hypersomnia due to a medical condition G47.14 Code also associated medical condition Other hypersomnia G47.2 Circadian rhythm sleep disorders Disorders of the sleep wake schedule Inversion of nyctohemeral rhythm Inversion of sleep rhythm Circadian rhythm sleep disorder, unspecified type G47.20 Sleep wake schedule disorder NOS Circadian rhythm sleep disorder, delayed sleep phase type G47.21 Delayed sleep phase syndrome Circadian rhythm sleep disorder, advanced sleep phase type Circadian rhythm sleep disorder, irregular sleep wake type G47.23 Irregular sleep-wake pattern Circadian rhythm sleep disorder, free running type G47 25 Circadian rhythm sleep disorder, jet lag type G47.26 Circadian rhythm sleep disorder, shift work type Circadian rhythm sleep disorder in conditions classified elsewhere G47.27 Code first underlying condition G47.29 Other circadian rhythm sleep disorder G47.3 Sleep apnea Code also any associated underlying condition Excludes 1: apnea NOS (R06.81) Cheyne-Stokes breathing (R06.3) pickwickian syndrome (E66.2) sleep apnea of newborn (P28.3) Sleep appea, unspecified G47.30 Sleep apnea NOS G47.31 Primary central sleep apnea G47.32 High altitude periodic breathing Obstructive sleep apnea (adult) (pediatric) G47.33 Excludes 1: obstructive sleep apnea of newborn (P28.3) Idiopathic sleep related nonobstructive alveolar hypoventilation G47 34 Sleep related hypoxia

Lulling you to sleep... with ICD-10 sleep codes

BY DR. MICHAEL E. NELSON, FCCP

s we continue our adventure into ICD-10 with the sleep codes, one will notice a couple of new instructions, "code first" and "code with." The "code first" direction will be found with codes where the diagnosis is a manifestation of another disease. For example, with G47.42 Narcolepsy in conditions classified elsewhere, one sees the "code first" direction. If the narcolepsy was a result of an intracranial injury, then the correct coding sequence would be a code from the S06 family (eg, S06.0X1 Concussion with loss of consciousness of 30 minutes or less) followed by either G47.421 or

G47.472, dependent upon the presence or absence of cataplexy.

According to the ICD-10-CM Official Guidelines for Coding and Reporting available at www. cms.gov/Medicare/Coding/IC-D10/2015-ICD-10-CM-and-GEMs. html, the "code also" note instructs that two codes may be required to fully describe a condition, but this note does not provide sequencing direction. The ICD-10 CM codes for common sleep diagnoses are listed below. Please note that the G25.81 restless legs syndrome diagnosis is not found in "Sleep disorders" code set but rather in the G25 "Other extrapyramidal and movement disorders" set. Sweet dreams!

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	G47.35	Congenital central alveolar hypoventilation syndrome		
	G47.36	Sleep related hypoventilation in conditions classified elsewhere Sleep related hypoxemia in conditions classified elsewhere Code first underlying condition		
	G47.37	Central sleep apnea in conditions classified elsewhere Code first underlying condition		
G47.39		Other sleep apnea		
G47.4	Narcolepsy and cataplexy			
	G47.41	Narcolepsy		
		G47.411	Narcolepsy with cataplexy	
		G47.419	Narcolepsy without cataplexy Narcolepsy NOS	
	G47.42	Narcolepsy in conditions classified elsewhere Code first underlying condition		
		G47.421	Narcolepsy in conditions classified elsewhere with cataplexy	
		G47.429	Narcolepsy in conditions classified elsewhere without cataplexy	
	F14.	induced parasomnia (F11.182, F11.282, F11.982, F13.182, F13.282, F13.982, F14.182,F14.282, 4.982, F15.182, F15.282, F15.982, F19.182, F19.282, F19.982) omnia not due to a substance or known physiological condition (F51.8) Parasomnia, unspecified Parasomnia NOS		
	G47.51	G47.51 Confusional arousals		
	G47.52	REM sleep behavior disorder		
	G47.53	Recurrent isolated sleep paralysis		
	G47.54	Parasomnia in conditions classified elsewhere Code first underlying condition		
	G47.59	59 Other parasomnia		
G47.6	Sleep related movement disorders Excludes 2: restless legs syndrome (G25.81)			
	G47.61 Periodic limb movement disorder Periodic limb movement disorder			
	G47.62	Sleep related leg cramps		
	G47.63	Sleep related bruxism psychogenic bruxism (F45.8)		
	G47.69	Other sleep related movement disorders		
G47.8	Other sle	er sleep disorders		
G47.9	Sleep disorder, unspecified Sleep disorder NOS			