**What Are the Effects of CPAP Therapy Termination on All-Cause Mortality in OSA From the Nationwide Claims Data Lake for Sleep Apnea Study (ALASKA)?**

**STUDY DESIGN**

Analysis of **French national health insurance reimbursement** system database for **all CPAP users**

**Propensity match** comparing those who stopped CPAP in 1st year to those who continued to use CPAP

- **CPAP Continuation**  
  (n = 88,007)

- **VS**

- **CPAP Termination**  
  (n = 88,007)

**RESULTS**

CPAP continuation associated with a **significantly lower risk of all-cause death**

![Graph showing survival probability with CPAP continuation and termination](image)

- **HR 0.61; 95% CI, 0.47-0.65**

- **Heart failure also less common** in those continuing with CPAP  
  (HR 0.77; 95% CI, 0.71-0.81)

**Continuation of CPAP therapy has the potential to reduce all-cause mortality in patients with OSA.**

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