Does Including Self-Identified Race in Spirometry Reference Equations Improve Ability of Predicted FEV₁ Values to Explain Chest CT Abnormalities, Dyspnea, or GOLD Classification?

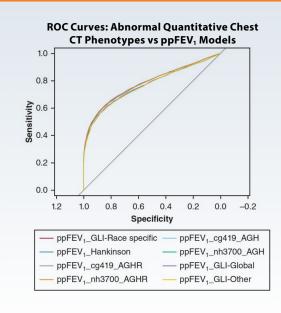


STUDY DESIGN

- Retrospective study of data from healthy adults who never smoked in NAHNES and COPDGene cohort
- Race-neutral, race-free, and race-specific prediction equations generated for FEV₁
- Impact of these equations applied to people who smoke or have a history of smoking on their GOLD classification, chest CT phenotypes, and dyspnea

nh3700 Never-Smoking **Healthy Cohort** White Black Other Hispanic ■ Mexican American Multiracial COPDGene Never-Smoking **Healthy Cohort**

RESULTS



- Race-specific equations showed <u>no advantage</u> in models of chest CT phenotypes or dyspnea
- Race-neutral reference equations reclassified 19% of Black participants into more severe GOLD classes
- Race-neutral/race-free equations may improve model fit for dyspnea symptoms relative to racespecific equations

Race-neutral/race-free reference equations may improve pulmonary disease diagnoses and treatment in populations highly vulnerable to lung disease relative to race-specific equations.