#### CRITICAL CARE

# What Is the Content of Patient-Provider Dialogues in a Telemedicine Multidisciplinary ICU Recovery Clinic?



# STUDY DESIGN

- Qualitative analysis of patient-provider dialogues
- 19 patients and 13 caregivers attending a telemedicine ICU recovery clinic (ICU-RC) visit following hospitalization with critical illness from septic shock or ARDS
- Transcribed dialogues were analyzed for thematic emergence

## RESULTS

Two main themes with subthemes were identified



### **Problem identification**

- Health status
- Mental health and cognition
- Medication management
- Health care access and navigationQuality of life

#### **Problem-solving**

- Facilitating care coordination and transitionProviding education
- Constructive feedback and guidance

Multidisciplinary ICU-RC presents as an ideal strategy to address the complexity of problems experienced by critical illness survivors at a critical transitional phase of ICU recovery.

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