## STUDY DESIGN

- **Qualitative analysis** of patient-provider dialogues
- **19 patients** and **13 caregivers** attending a telemedicine ICU recovery clinic (ICU-RC) visit following hospitalization with critical illness from septic shock or ARDS
- Transcribed dialogues were analyzed for thematic emergence

## RESULTS

Two main themes with subthemes were identified:

### Problem identification
- Health status
- Mental health and cognition
- Medication management
- Health care access and navigation
- Quality of life

### Problem-solving
- Facilitating care coordination and transition
- Providing education
- Constructive feedback and guidance

Multidisciplinary ICU-RC presents as an ideal strategy to address the complexity of problems experienced by critical illness survivors at a critical transitional phase of ICU recovery.