

How Often Do ICU Providers Discuss the Concept of Post-Intensive Care Syndrome and Do Patients Remember?

STUDY DESIGN

Online surveys to ICU health care providers and to **patients who survived critical illness** in the preceding year to characterize:

- **ICU providers'** awareness, perceptions, and self-reported communication patterns
- **Patients' experience and recollection** of these conversations



9 US institutions
382 provider responses

Providers included:

- 53.7% registered nurses
- 33% physician fellows or attending physicians
- 13.4% advanced practice providers
- 73.8% of providers reported having previously heard the term "post-intensive care syndrome"
- 29.9% of providers report discussing with patients at least one-half of the time

RESULTS



1 site
148 patient responses



Patients had been admitted to ICU:

- 41.1% surgical
- 41.1% cardiovascular
- 14.4% medical

- 16.6% of patients remembered hearing the term "post-intensive care syndrome"
- 35.6% of patients remember discussing post-intensive care syndrome

The findings of this study show that awareness of post-intensive care syndrome is inconsistent among providers and low among patients. Further investigation is needed to determine how best to improve this communication gap.